

Colorado River Valley Youth Volleyball League

5/6th Grade League Rules

(Revised 8/10/2024)

Equipment:

The net will be set at 7 feet. Soft-tec or Volley-lite balls should be used if available. The game will be played on a regulation-sized court.

Serving:

Players must attempt their first serve from behind the regulation back court line, but foot faults will not be called. **All players receive a second serve, regardless of whether the first serve is short or goes over the net and out of bounds. However, if the first serve goes over and out, the player still gets a second serve but must remain behind the endline.** If they miss the first serve, they will receive a second attempt from anywhere behind the 10-foot attack line with no scoring penalty. Net serves will be in play. Officials, staff, or coaches may adjust where the players serve from if necessary.

Rotations:

Continuous rotations will be used when more than six players are on a team. The next player on the bench will rotate in at the server's position (Right Back, RB) or Left Front (LF) depending on the team bench. The player on the floor rotating into that position (RB or LF) will come out.

Teams:

There will be a maximum of six players, and at least four, on the court per side. This league is recreational and requires equal playing time for all participants.

Referee/Scoring:

The home team will be responsible for providing someone to officiate with a whistle and keep score. **After a team scores five continuous points, an automatic side out will be called. The serving team will receive their fifth point, but the next serve will be given to the other team.**

Playing Rules:

Teams will not switch sides during play, allowing them to stay with their belongings and water bottles for the entire match. This is a new CHSAA & NFHS rule. Illegal hits will not be called. At the end of the rally, the coach or official will explain the rules to the teams. Play may be interrupted for coaches or officials to teach players or move them into position. Rally scoring procedures will be followed with two sets to 25 points (with a 27-point cap) and a tie-breaker set to 15 points (with a 17-point cap). If the ball touches any part of a boundary line, it is considered in.

Additional Rules:

For all rules not specifically mentioned here, we will follow the guidelines set by the USVBA.